

FUN & RAFFLES

bring a friend!

SATURDAY,
JANUARY
21

CA LAUNCH

New Moves, New Music
Team Teaching and Raffles!

Featuring new moves and music for
BodyPump, BodyCombat, BodyStep
and Les Mills Core

Columbia Athletic Club

Les Mills Core • 9:50am

BodyPump • 10:30am

Columbia Gym

BodyPump • 7:00am

BodyStep • 8:00am

Les Mills Core • 9:15am

Supreme Sports Club

BodyPump • 8:00am

Les Mills Core • 9:15am

BodyCombat 10:30am

Regular registration procedures apply.
Preregistration is required as spaces are
limited. Non-members may register 24 hours
in advance. For more information, email
Group.Fitness@ColumbiaAssociation.org.

